

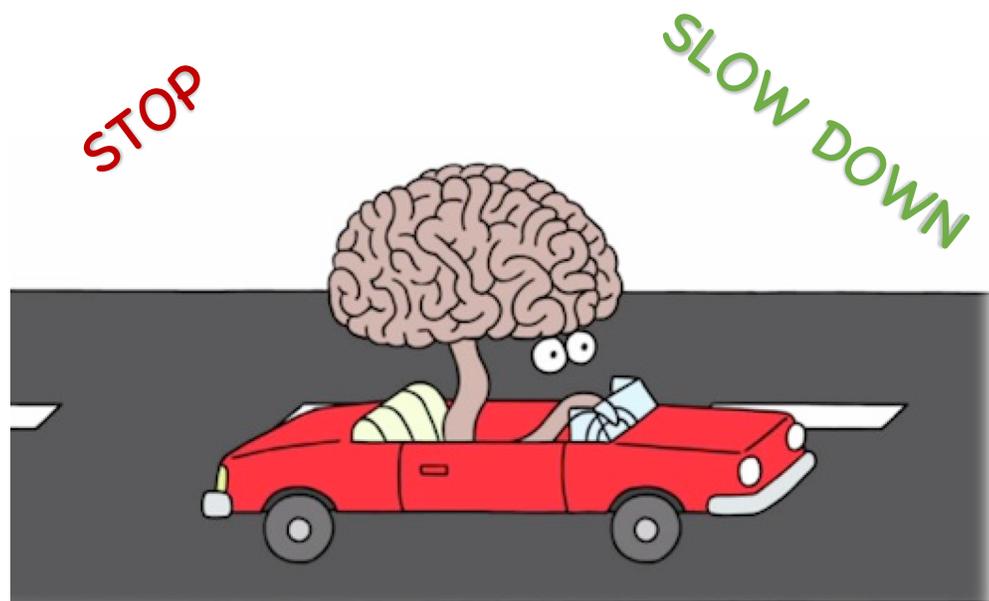
# METACOGNITION

1. Awareness of what you know and you don't know.



2. Action you take:

Drive Your Brain



Back up